



CONVERSATIONS WITH FAMILIES

Being a parent is an amazing yet challenging experience. Kansas Home Visiting is a **FREE** resource that gives busy parents like you the information, support and encouragement you need to help your baby grow up to be happy and healthy.

What is a home visit?

Home visits are regular meetings with a trained family-support professional or volunteer in your home or at a place and time that is convenient for you and your family. The frequency of visits depends on your family's needs — they can be weekly or as little as once a month, and usually last about an hour. As your home visitor gets to know you, they will provide information about local services and provide materials that can help meet your individual needs. They offer support and encouragement, not judgment. They can also answer your questions about pregnancy and parenting and help you prepare for a new baby.

What are the benefits?

Early experiences shape brain development in the first years of life, forming the foundation on which everything else is built. Home visiting in your baby's life can improve her lifelong health, educational and economic outcomes. Home visiting has been shown to increase school readiness, improve maternal and child health, and promote family self-sufficiency.

How much do home visits cost?

Home visits are free.

Who is eligible for home visits?

Home visiting is for expectant parents and parents with babies and young children who want to learn how to improve their child's ability to succeed.

What are the qualifications of home visitors?

All home visitors are trained to help families with young children. Training subjects include child health and safety, pregnancy preparation, infant and child development, parent-child interaction, etc. Each home visiting program has training and educational requirements ranging from a high school diploma to a college degree. All home visitors have a criminal background check before being hired.

What happens during a home visit?

Each visit is unique, but your home visitor will answer any questions you might have and may provide materials about child development, parent-child interaction, safety, discipline or others. They may provide ideas for activities for you and your child that will help build your relationship. Your home visitor will also help you identify your goals for your child and help you find ways to make them happen.

How do I get started?

Contact us for more information or to sign up!



www.kshomevisiting.org